



Summer Meal Rec Menu

Menu Subject to Change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A VARIETY OF COLD MILK SELECTIONS IS OFFERED DAILY				
6/20/16	6/21/16	6/22/16	6/23/16 Field Trip Today	6/24/16
Lunch: Pizza Caesar salad Carrot sticks w/dip Fruit Breakfast: Cereal, string cheese Juice, fruit, milk	Lunch: Cheeseburger on WG bun Oven fries Tomato, lettuce, pickle Fruit Breakfast: Bagel w/cream cheese Juice, fruit, milk	Lunch: Chicken nuggets w/mini waffles Hash brown potato Baked beans Fruit Breakfast: Cereal, string cheese Juice, fruit, milk	Lunch: Ham & cheese sandwich Bag Sun chips Craisins, Apple Carrot sticks w/ranch dip Breakfast: Blueberry muffin Juice, fruit, milk	Lunch: Yogurt parfait, cheese, crackers Pasta salad Cucumber coins Fruit Breakfast: WG Oatmeal breakfast bun Juice, fruit, milk
6/27/16	6/28/16	6/29/16	6/30/16	7/1/16
Lunch: Hot dog on bun Baked beans Cole slaw Fruit Breakfast: Cereal, string cheese Juice, fruit, milk	Lunch: Pizza sticks w/marinara dipping sauce Caesar salad, Corn Fruit Breakfast: Bagel w/cream cheese Juice, fruit, milk	Lunch: Walking taco (bag of tortilla chips topped with taco meat, cheese) Top it off with fixings from the salad bar - lettuce, tomato, salsa, sour cream. Breakfast: Cereal bar, yogurt cup Juice, fruit, milk	Lunch: Meatball sub Tossed salad Fruit Breakfast: Cereal, Nutri-grain bar Juice, fruit, milk	Lunch: Toasted cheese sandwich Tomato soup Mixed vegetables, celery stick Fruit Breakfast: WG breakfast bar Juice, fruit, milk

Contact Tina M Fabian, Food Service Director, for questions or concerns at 207-848-4023 or e-mail fabiant@hermon.net

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