

**DANFORTH'S TO DYSART'S
11TH ANNUAL 5K ROAD RACE
& BLUEBERRY PIE CHALLENGE**

3.1 miles from Hermon High School to Dysart's to benefit Hermon High Cross Country

DATE: Saturday, September 17th, 2016

START TIME: 8:00 am Kids Fun Run/Obstacle Course 8:30 am Walk/ 9:00 am Run

COURSE: Start at Hermon High School and finish at Dysart's in Hermon

COST: \$15 for 5K Run/Walk, \$5 for Kids Fun Run/Obstacle Course

T-SHIRTS: T-shirts will be given to first 50 race registrants!

OPTIONAL DYSART'S BLUEBERRY PIE CHALLENGE: What is the challenge? For an extra \$10, run 2 miles, eat a slice of Dysart's homemade blueberry pie and finish the race. The male and female winners each receive a \$50 gift certificate to Dysart's!

RACE DAY REGISTRATION: Begins at 7am in front of Hermon High School

PRE-REGISTRATION: Pre-register by completing the entry form below and mail it with entry fee to:
Danforth's to Dysart's 5K Road Race
Hermon High School
2415 Route 2
Hermon, ME 04401

Pre-registration is highly encouraged! Please make checks payable to Hermon High School. T-shirts will be given to the first 50 registrants. Additional t-shirts will be on sale. All race finishers will receive a \$5 gift certificate to Dysart's. Ribbons will be awarded to the top three male and female finishers in the following age groups: 14 & younger, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over. Awards will be given to the overall male and female winners (\$50 gift card) and additional awards will be given to those competing in the Dysart's Blueberry Pie Challenge, the 5K walk and the Kids Fun Run/Obstacle Course. For more race information contact Megan McCarthy at (207) 521-4664 or mccarthym@hermon.net

Last Name: _____ First Name: _____

Mailing Address: _____ City/Town: _____

State: _____ ZIP: _____ Phone: _____ E-mail: _____

Please circle one:

5K Run – 5K Walk- Kids Fun Run Male: ____ Female: ____ T-Shirt Size: ____ Age: ____

I assume all risks involved with running this road race. I also assure that I am physically able to participate in this event. I agree to waive the Town of Hermon, the Hermon School Department, race officials, and all sponsor associated with the race from liability for injuries to me or my property.

Signature of runner or walker: _____

Signature of parent/guardian (if participant is under 18): _____